

IBD EMERGENCY KIT

TISSUES

WET WIPES

EXTRA UNDERWEAR AND
CLOTHES

PLASTIC GLOVES

PLASTIC BAG (A ROLL
OF DOGGY BAGS IS
USEFUL)

HAND SANITIZER

TALCUM POWDER

CREAM/OINTMENT FOR
SORE SKIN

PERFUME SAMPLE
BOTTLE

ELECTROLYTES AND
ANTI-DIARRHEALS